

20 Fundamental Truths About The Sabbath

1. Genesis 2:1-3. G-d rested. The Hebrew word for rest used here is Shabbat (Sabbath). He, being G-d, had a Sabbath rest. From creation, the days in Hebrew are called the First Day, the Second Day, and so on. The only day that was different was The Seventh Day because it had and still has a second name which is The Sabbath -- not a Sabbath. Biblical Hebrew distinguishes between "A" and "The" Sabbath. Here it is The Sabbath. The Sabbath is a different day from all of the other days, because G-d set it apart, made it holy, sanctified it, and it was set apart unto G-d.
2. Exodus 16:23-29. This passage of Scripture takes place before Mt. Sinai, and the giving of the 10 Commandments (called in the Hebrew language of the Scriptures the Ten Words) that G-d gave to Moses and the Children of Israel (Believing Hebrews and grafted in Gentiles). This passage tells the children of Israel when they were supposed to gather the manna, and when they were not to gather, because G-d provided a double portion on the 6th day.
3. Exodus 20:8-11. This Scripture passage goes into detail about who is supposed to observe The Sabbath. It says that The Sabbath belongs to G-d. This passage specifically includes son, daughter, male and female servants, animals, and the stranger (Gentile) who is within your gates. The Sabbath is for everyone no matter whether you were born Jew or Gentile.
4. Exodus 31:12-17. This passage tells us that keeping The Sabbath is a sign that we worship the True and Living G-d. It also states that these are G-d's Sabbaths, when it says in verse 13 that, "Surely My Sabbaths you shall keep, for it is a sign between Me and you throughout your generations" which means it is to be kept forever.
5. Exodus 35:1-3. Tells us what we are prohibited from doing on the Sabbath. We are not to kindle a fire on The Sabbath. The fire needed to be kindled before The Sabbath started. We are to prepare for, look forward to and be ready for The Sabbath. We are to not let The Sabbath catch us off guard.
6. Leviticus 23:3. The Sabbath is a holy convocation. Holy convocation means a gathering together to rehearse. The 7th day or Sabbath Day

rehearses and foretells the 1,000 year Millennial Kingdom that follows 6,000 years from creation.

7. Leviticus 25:1-7. Not only are people and animals commanded to rest, but also the Land itself is supposed to observe a Sabbath every 7 years. The land is not to be reaped and brought into the barns. The land is to lay fallow, and you go out and get your food each day, except for the Sabbath, but you cannot reap all of the produce because the produce is supposed to feed the widows and orphans and poor. The Sabbath produce is for you, your male and female servants, your hired man, and the stranger (non-Jew) who dwells with you, for your livestock and beasts that are in your land. The Southern Kingdom of Israel is a prime example that when you fail to keep the Sabbath years, you will be punished. G-d cares that the land rests, and He caused the Southern Kingdom of Israel to go into captivity for 70 years, the number of Sabbath years they failed to keep. This can be found in 2 Chronicles 36:20-21.

8. Numbers 15:32-36. This passage deals with a man found gathering sticks on The Sabbath. He was about to take the sticks and kindle a fire. The people did not know what to do with the man, so they brought him to Moses and Aaron and all the congregation. The L—D said to Moses that the man must surely be put to death, and all the congregation shall stone him with stones outside the camp. This seems extreme, but G-d says that when you break the commandments about The Sabbath, you have turned your back on Him and that you have rejected the L—D as G-d. The wages of sin is death. Plus, when you do not follow The Sabbath, you are negating paragraph 4 above because following The Sabbath is a sign that you worship the True and Living G-d.

9. Nehemiah 10:30-31 and Nehemiah 13:15-18. These passages prohibit purchasing on The Sabbath or on another holy day. In Nehemiah 10:29 the people entered into a covenant with the L—D to walk in G-d's Law and to do all the commandments, ordinances and statutes of the L—D. The 13th chapter states that when you buy or sell on The Sabbath, you are profaning the Sabbath, which means to make The Sabbath like any other day of the week, making it common and not holy and set apart unto G-d.

10. Isaiah 56:6-7. These passages state that the non-Jews who choose to join themselves to the L—D, to serve Him and who keep from defiling The

Sabbath will be welcome in the L-d's Holy Mountain – the Messianic Kingdom.

11. Isaiah 58:13-14. We shall delight (Hebrew is Oneg) in the L—D, and He will cause us to ride on the high hills of the earth and feed us with Jacob's heritage "if" we hallow The Sabbath and do not go after our own ways.

12. Isaiah 66:23. All flesh shall come to worship from one Sabbath to another and from one New Moon to another into the New Heavens and the New Earth (eternity future).

13. Jeremiah 17:19-27. We are told that if the people of Israel will hallow the Sabbath, then Jerusalem would not be destroyed, but if the people of Israel will not hallow The Sabbath then Jerusalem would be destroyed.

14. Ezekiel 20:12-13. G-d gave Israel His Sabbaths to be a sign between them and G-d; however, G-d said that Israel rebelled against Him because they did not walk in or obey His statutes, despised His judgments and greatly defiled His Sabbaths.

15. Ezekiel 20:24; 22:8; 22:26; 23:38. These Scripture references highlight that Israel defiled and profaned G-d's Sabbaths.

16. Ezekiel 44:24. In the Millennial Kingdom, everyone will keep and hallow G-d's Sabbaths.

17. Luke 4:16 states that Yeshua's custom was to go into the synagogue on The Sabbath day. 1 Corinthians 11:1 states that Paul wants us to imitate him as he imitates Messiah Yeshua.

18. Acts 13:42-44. The Gentiles begged that the words that Paul preached to the Jews be preached to them on the next Sabbath. On the next Sabbath, almost the whole city came together to hear the word of G-d.

19. Acts 17:1-2 tells us that Paul's custom was to go into the synagogue on the Sabbath to teach the Scriptures.

20. Acts 18:4 Paul reasoned in the synagogue every Sabbath with both Jews and Greeks (Gentiles).